

# GLUTEN FREE



## SHARED

### NIBBLES

WARM MIXED NUTS, SPICY OR MILD .....	8
MARINATED OLIVES .....	6
PICKLED VEGETABLES .....	5

**WINGS**, CHOOSE YOUR FLAVOUR,  
ADD A SAUCE ..... x 6 | 10

WINGS OF MASS DESTRUCTION

STICKY BBQ

SZECHUAN STICKY

**ADD A SAUCE**, SMOKY BBQ, CHIPOTLE  
MAYO, USA HOT SAUCE, GARLIC AIOLI,  
PONZU MAYO, RANCH DRESSING, CHIVE  
AIOLI, SZECHUAN STICKY SAUCE, LIME  
AIOLI .....

## MAINS

**VEGETABLE STACK**, ROAST PUMPKIN,  
CHARRED CAPSICUM, ROAST FIELD  
MUSHROOM, BABY SPINACH, FETA, PINE  
NUTS, BALSAMIC GLAZE, BASIL OIL ..... 17

**ADD CHICKEN** ..... +5

**QUINOA BOWL**, AVOCADO, CHERRY  
TOMATOES, ROCKET, LEMON, DUKKAH,  
PICKLED CAULIFLOWER ..... 18

**ADD GRILLED CHICKEN**, CHIVE AIOLI ..... +5

## PIZZAS

### ON A GLUTEN FREE PIZZA BASE

**MOORISH LAMB**, PULLED LAMB, BABY  
SPINACH, ROAST EGGPLANT,  
CHARGRILLED CAPSICUM, PINE NUTS,  
MOZZARELLA, TAHINI YOGHURT  
DRESSING ..... 26

**BUTCHERS BLOCK**, PEPPERONI, PULLED  
LAMB, SMOKED HAM, BACON, CHICKEN,  
CARAMELISED ONION, MOZZARELLA,  
SMOKY BBQ SAUCE ..... 26

**CHICKEN & BACON RANCH**, MARINATED  
CHICKEN, BACON, BABY SPINACH,  
CHERRY TOMATOES, MOZZARELLA,  
RANCH DRESSING ..... 26

**MEDITERRANEAN**, ROAST EGGPLANT,  
CAPSICUM, HEIRLOOM TOMATOES,  
CASHEWS, ROSEMARY, MOZZARELLA ..... 22

**ROAST PUMPKIN & FETA**, BASIL  
PESTO, ROAST PUMPKIN, DRESSED  
ROCKET, SUNDRIED TOMATO,  
MOZZARELLA, FETA ..... 23

**MARGHERITA**, HEIRLOOM CHERRY  
TOMATOES, BOCCONCINI, MOZZARELLA,  
BASIL OIL ..... 20

**AUSSIE**, HAM, ONION, BACON, EGG,  
MOZZARELLA ..... 23

**NEW YORK**, PEPPERONI, CARAMELISED  
ONION, MOZZARELLA ..... 21

**HAWAIIAN**, HAM, BACON, PINEAPPLE,  
MOZZARELLA ..... 22

PLEASE ADVISE STAFF IF ORDERING FROM THIS MENU.

PLEASE INDICATE WHEN ORDERING IF YOU ARE COELIAC.

# V EGETARIAN



## SHARED

### NIBBLES

WARM MIXED NUTS, SPICY OR MILD .....	8
MARINATED OLIVES .....	6
PICKLED VEGETABLES .....	5
<b>BOWL OF CHIPS</b> , CHILLI OR ROSEMARY SALT, AIOLI OR SAUCE .....	8
<b>CRISPY ONION RINGS</b> , BBQ SAUCE .....	9
<b>GARLIC TURKISH BREAD</b> , FRESH HERBS, MOZZARELLA .....	10
<b>ADD DUO DIPS</b> .....	+4
<b>POTATO WEDGES</b> , SOUR CREAM, SWEET CHILLI .....	9
<b>MAC &amp; CHEESE BALLS (4)</b> , GARLIC AIOLI .....	8

## BURGERS

**SERVED IN BRIOCHE ROLL WITH CHIPS OR  
GO NUDE WITHOUT BREAD**

<b>VEGO</b> , ROASTED FIELD MUSHROOM, ROAST PUMPKIN, CHARGRILLED CAPSICUM, TOMATO, TAHINI YOGHURT, ROCKET, FETA .....	20
<b>FALAFEL</b> , CRISPY FALAFEL PATTIES, LETTUCE, QUINOA TABOULEH, TOMATO, CUCUMBER, TZATZIKI, BABA GANOUSH .....	19

## PIZZAS

<b>MEDITERRANEAN</b> , ROAST EGGPLANT, CAPSICUM, HEIRLOOM TOMATOES, CASHEWS, ROSEMARY, MOZZARELLA .....	18
<b>ROAST PUMPKIN &amp; FETA</b> , BASIL PESTO, ROAST PUMPKIN, DRESSED ROCKET, SUNDRIED TOMATO, MOZZARELLA, FETA .....	19
<b>MARGHERITA</b> , HEIRLOOM CHERRY TOMATOES, BOCCONCINI, MOZZARELLA, BASIL OIL .....	16

## MAINS

<b>VEGETABLE STACK</b> , ROAST PUMPKIN, CHARRED CAPSICUM, ROAST FIELD MUSHROOM, BABY SPINACH, FETA, PINE NUTS, BALSAMIC GLAZE, BASIL OIL .....	17
<b>QUINOA BOWL</b> , AVOCADO, CHERRY TOMATOES, ROCKET, LEMON, DUKKAH, PICKLED CAULIFLOWER .....	18
<b>GARDEN SALAD</b> , LEMON VINAIGRETTE .....	12

## KIDS

<b>MAC &amp; CHEESE BALLS &amp; CHIPS</b> .....	10
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# VEGAN



## SHARED

### NIBBLES

WARM MIXED NUTS, SPICY OR MILD .....	8
MARINATED OLIVES .....	6
PICKLED VEGETABLES .....	5
<b>BOWL OF CHIPS</b> , CHILLI OR ROSEMARY SALT, SAUCE .....	8
<b>CRISPY ONION RINGS</b> , BBQ SAUCE .....	9
<b>GARLIC TURKISH BREAD</b> , FRESH HERBS .....	10
<b>POTATO WEDGES</b> , SWEET CHILLI .....	9

## MAINS

<b>VEGETABLE STACK</b> , ROAST PUMPKIN, CHARRED CAPSICUM, ROAST FIELD MUSHROOM, BABY SPINACH, PINE NUTS, BALSAMIC GLAZE, BASIL OIL .....	17
<b>QUINOA BOWL</b> , AVOCADO, CHERRY TOMATOES, ROCKET, LEMON, DUKKAH, PICKLED CAULIFLOWER .....	18
<b>GARDEN SALAD</b> , LEMON VINAIGRETTE .....	12
<b>FALAFEL BURGER</b> , CRISPY FALAFEL PATTIES, LETTUCE, QUINOA TABOULEH, TOMATO, CUCUMBER, TOMATO RELISH, HOMMUS, IN A HOAGIE ROLL, CHIPS .....	19

## PIZZAS

<b>MEDITERRANEAN</b> , ROAST EGGPLANT, CAPSICUM, HEIRLOOM TOMATOES, CASHEWS, ROSEMARY .....	18
<b>ROAST PUMPKIN</b> , NAPOLI SAUCE, ROAST PUMPKIN, DRESSED ROCKET, SUNDRIED TOMATO .....	19

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