

# SPECIAL DIETARY MENU

## TWO COURSE LUNCH

Choose from any of the following mains, plus either soup or dessert.  
Unless \*\* all meals served with vegetables or salad plus potato.

### GLUTEN FREE OPTIONS

#### ENTREE

##### SOUP

Pumpkin or the Soup Of The Day (check with Wait Staff)

#### MAINS

##### GRILLED CHICKEN BREAST / \$16.9

##### PLUM & BACON PARMA / \$17.9

Grilled chicken breast topped with bacon, plum sauce and melted cheese

##### SALT & PEPPER SQUID / \$16.9 \*\*

served with crisp greens, cherry tomato and crushed walnuts, finished with lemon vinaigrette and lime aioli

##### PORK CUTLET / \$17.9

with honey and mustard sauce

##### PARMAGIANA / \$16.9

Grilled chicken breast topped with napoli sauce and melted cheese

##### GRILLED WHITING / \$15.9

##### CHICKEN RISOTTO / \$16.9 \*\*

with roasted pumpkin, mushroom and spinach, finished with parmesan

##### TUSCAN CHICKEN / \$17.9

Grilled chicken breast served with a sauce of mushroom, bacon, spring onion and cream

### GLUTEN FREE SINGLE COURSE OPTIONS

#### MAINS

##### MEDITERRANEAN SALAD / \$15.0 \*\*

Roast vegetable and walnut salad served with spinach, baby beets and cherry tomato, finished with lime aioli

##### THAI BEEF SALAD / 20.0 \*\*

Marinated and seared beef served with Asian greens, julienne cut vegetables and nam jim dressing

Add chicken / \$5.0

FOR VEGETARIAN OPTIONS, PLEASE TURN OVER

# SPECIAL DIETARY MENU

## TWO COURSE LUNCH

Choose from any of the following mains, plus either soup or dessert.  
Unless \*\* all meals served with vegetables or salad plus chips or potato.

### VEGETARIAN OPTIONS

#### ENTREE

##### SOUP

Pumpkin or the Soup Of The Day (check with Wait Staff)

#### MAINS

##### RISOTTO / \$15.9 \*\*

with roast vegetable, spinach and parmesan cheese

##### CASEAR SALAD / \$15.9 \*\*

with cos, fresh parmesan, croutons, poached egg

##### SPAGHETTI CARBONARA / \$15.9 \*\*

tossed with mushroom and spring onion in a creamy sauce

##### VEGETABLE LASAGNE / \$16.9

### VEGETARIAN SINGLE COURSE OPTIONS

#### MAINS

##### ROAST MEDITERRANEAN VEGETABLE & WALNUT SALAD / \$15.0 \*\*

served with spinach, baby beets and cherry tomato, finished with lime aioli

##### GRILLED TURKISH BREAD / \$14.0 \*\*

served with trio of dips

##### ASIAN SALAD / 18.0

with asian greens, julienne vegetables, crispy noodles and house-made nam jim dressing

FOR GLUTEN FREE OPTIONS, PLEASE TURN OVER